

Personal Prayer Guide

8th June - 14th June 2026

1 Adoration

Use Colossians 1:15-20 to shape your prayer of adoration of Jesus - the exalted, preeminent ruler of everything. Praise Jesus that all things were made through him and for him, and that in him all things hold together. Worship Jesus as the head of the church, the firstborn of all creation, and the image of the invisible God. Thank Jesus that the reconciliation of all things with God is made possible through Christ's blood shed on the cross, and that we can know God through Christ.

2 Lament

How long, O Lord? Will you forget me forever?

How long will you hide your face from me?

How long must I take counsel in my soul

and have sorrow in my heart all the day?

Psalm 13:1-2 (ESV)

Use Psalm 13 to draw near to God in a prayer of lament. Cry out to God, bringing your heart before him in honesty. Pray about the ways in which you have felt forgotten and filled with sorrow. Ask God to consider you, to answer you, and to "light up your eyes" so that you may see the truth of his Word. Ask that God would strengthen your faith so that you may trust in his steadfast love and rejoice in his salvation.

3 Thanksgiving

Praise and thanksgiving be unto you, O God, who brought again from the dead our Lord Jesus Christ and set him at your right hand in the kingdom of glory. Praise and thanksgiving be unto you, O Lord Jesus Christ, you Lamb of God who has redeemed us by your blood, you heavenly Priest who ever lives to make intercession for us, you eternal King who comes again to make all things new. Praise and thanksgiving be unto you, O Holy Spirit, who has shed abroad the love of God, who makes us alive together with Christ, and makes us to sit with him in heavenly places, and to taste the good Word of God and the powers of the age to come. Blessing and glory, and wisdom and thanksgiving, and honor and power and might, be unto you our God forever and ever. Amen. (Thomas F. Torrance)

4 Petition (for yourself and your household)

Jesus answered, "The most important is, 'Hear, O Israel: The Lord our God, the Lord is one. And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these."
(Mark 12:29-31, ESV)

Thank God in prayer for setting his love on you, and that you belong to him in Christ. Ask him for a greater understanding of his love for you and that this will lead you to loving him with all of your heart, soul, mind, and strength. Pray that God would reveal to you which things or people you love more than God. Ask him to help you, by the power of the Holy Spirit, to love those around you and to pursue their good and interests as if they were your own.

5 Petition (for God's household, the church)

Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ. (Colossians 3:23-24, ESV)

Pray today for our church's deacons (Ministry Directors, HR Committee, Finance Committee). Ask that they would continue to honour Christ in their hearts and all they do. Pray that they would continue to serve the Lord first, and not primarily serve to please people. Pray that they would be encouraged by the Lord, and persevere in their faith and their ministry until they receive their eternal inheritance as their reward. Pray that God will use you to be an encouragement to our deacons.

6 Petition (for the world)

When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, "The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest." (Matthew 9:36-38)

As you pray for the lost today, pray specifically that God would increase your compassion for those who do not yet know Christ as their Lord and Saviour. Pray that God would help you to recognise those around you who are in need of a Shepherd, and that compassion would move you to share the good news of the gospel with them.